## **Fitness Works**

6525 Second Ave. Detroit, Mi. 48202 313 972-4040

Fitness Works will allow state employees showing their I.D. cards to join for \$49 (regular initiation fee is \$99).

This is a \$50 savings, and also includes spouse and immediate family members 18 years and older.

Along with the reduced initiation fee, if the state employee mentions the WOW website, they will receive a 1/2 hour massage and an additional training

Unlimited access to the facility:

- cardiovascular equipment
- free weights
- group exercise and dance classes
- pool
- racquetball & squash courts
- basketball & volleyball courts
- sauna, steam room and locker rooms

 Hours:Monday-Thursday
 5:30 AM - 9:00 PM

 Friday
 5:30 AM - 8:00 PM

 Saturday
 8:00 AM - 2:00 PM

Call James Murphy, Membership Representative @ 313-972-4068 between 9 - 6 PM for a tour.

